



BOBCAT BISTRO Elementary May 2009

Farm Fresh Focus
This month we are
Featuring:
Fresh Salsa Made with
Local Hydroponic Tomatoes
School Tasting: May 5th

				Friday 5/1/09
Daily Option Peanut Butter and Jelly is Available Every Day. Served with two Nutritious Sides and Milk	In accordance with Federal law and U.S. Dept. of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.			Fresh Picks Pizza Cheese or Chef's Topping Side Salad Raisins
Monday 5/4/09	Tuesday 5/5/09	Wednesday 5/6/09	Thursday 5/7/09	Friday 5/8/09
Chicken Lickin Good Chicken Nuggets Dipping Sauce Oven Fries Veggie Sticks Mixed Fruit	 Fiesta Nachos Mexicali Rice Corn on the Cobb Fresh Mac Apple	That's Italian Baked Chicken Parmesan Pasta Marinara Side Caesar Salad Garlic Toast Pineapple Tidbits	Chuck Wagon Round Up Ranch Hand Meatloaf Mashed Potatoes Sweet Peas Dinner Roll Jamboree Jell-o	Fresh Picks Calzone Cheese or Chef's Topping Fresh Veggies w/ Dip Fruit Cocktail
Monday 5/11/09	Tuesday 5/12/09	Wednesday 5/13/09	Thursday 5/14/09	Friday 5/15/09
Chester Cheese Burger Day Cheeseburger on a Bun Oven Roasted Potatoes Carrot Coins Blueberry Cup	Southern Hospitality Oven BBQ Chicken Mashed Potatoes Green Peas Sweet Potato Corn Bread Georgia Peaches	The American Way American Chop Suey Garlic Bread Garden Salad Orange Smiles	Tijuana Thursday Chicken Fajitas Firecracker Rice Sweet Corn Mixed Fruit	Fresh Picks Pizza Cheese or Chef's Topping Baby Carrots w/ Dip Raisins
Monday 5/18/09	Tuesday 5/19/09	Wednesday 5/20/09	Thursday 5/21/09	Friday 5/22/09
Mexican Monday Beefy Mac and Cheese Corn Bread Fiesta Rice Mexicali Corn Orange Smiles	Let's Talk Turkey Hot Open Face Turkey Sandwich Oven Fries Sweet Peas Cranberry Sauce	It's Pastable Baked Cheesy Rotini Heart Healthy Salad Garlic Bread Popsicle	All American Homemade Shepherds Pie Garden Green Beans Dinner Roll Fruit Cocktail	Fresh Picks Calzone Cheese or Chef's Topping Side Salad Fresh Mac Apple
Monday 5/25/09	Tuesday 5/26/09	Wednesday 5/27/09	Thursday 5/28/09	Friday 5/29/09
No School 	The Chicken Coop Crispy Chicken Tenders w/ Dipping Sauces Oven Roasted Potatoes Steamed Broccoli Pears	North End Favorite Spaghetti with Mammas Meat Sauce Caesar Salad Italian Garlic Bread Peaches	New Englander Chicken Pot Pie w/ Peas & Carrots Mashed Potatoes Warm Biscuit Apple Sauce	Fresh Picks Pizza Cheese or Chef's Topping Baby Carrots w/ Dip Raisins



**Fresh made deli sandwiches served
with two nutritious sides
and Milk.**
Monday: Deli Turkey
Tuesday: Ham & Cheese
Wednesday: Tuna Salad
Thursday: Bologna & Cheese
Friday: Fruit & Yogurt Parfait



**Free & Reduced
Lunch Programs
Available**
Breakfast \$1.10
Lunch \$1.75
**Snack Milk/Juice
\$.50**

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Available Every Day.**

*Café Services is a Proud Sponsor of
the NH Farm to School Project. We
Buy Local First. These are just some
of the farm partners we would like to
thank:*
Giles Farm, Brookdale Farm, Heron Pond
Farm, Barkers Farm, Zacks Farm, Picnic
Rock Farm

Fresh Fruit and Bread Offered Daily
Milk is Served with all Meals

Any questions or comments, Please contact your
Food Service Director
Richard Girouard 466-3334

