



Bobcat Bistro

Breakfast Menu

October 2009

Feed Your Brain For Breakfast



Good Nutrition Enhances Learning

Healthy Breakfast Offered Daily:

Choice of Assorted Cereals, Fruit and Yogurt Parfait with Cinnamon Bread Stick, or Special of the Day with Fruit or 100% Fruit Juice and Milk

Breakfast Price Students:\$1.25

Breakfast Price Adults:\$2.25

			Thursday 10/1/09	Friday 10/2/09
In accordance with Federal law and U.S. . . of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.			Today's Special Scrambled Eggs w/Sausage Crumbles Fruit or Juice Milk	Today's Special French Toast Sticks Warm Ham Slice Fruit or Juice Milk
Monday 10/5/09	Tuesday 10/6/09	Wednesday 10/7/09	Thursday 10/8/09	Friday 10/9/09
Labor Day No School	Today's Special Pancakes w/syrup Sausage Patty Fruit or Juice Milk	Today's Special Warm Brown Sugar Spiced Oatmeal Fruit or Juice Milk	Today's Special Breakfast Burrito Fruit or Juice Milk	Today's Special Bagel w/ Cream Cheese Fruit or Juice Milk
Monday 10/12/09	Tuesday 10/13/09	Wednesday 10/14/09	Thursday 10/15/09	Friday 10/16/09
Today's Special Egg and Melted Cheese on English Fruit or Juice Milk	Today's Special Homemade Blueberry Muffin Squares Fruit or Juice Milk	Today's Special Scrambled Eggs w/ Sausage Crumbles Whole Wheat Toast Fruit or Juice& Milk	Today's Special French Toast Sticks Warm Ham Slice Fruit or Juice Milk	Today's Special Homemade Strawberry Muffin Squares Fruit or Juice Milk
Monday 10/19/09	Tuesday 10/20/09	Wednesday 10/21/09	Thursday 10/22/09	Friday 10/23/09
Today's Special Warm Brown Sugar Spiced Oatmeal Fruit or Juice Milk	Today's Special Homemade Chocolate Chip Muffin Squares Fruit or Juice Milk	Today's Special Breakfast Pizza Fruit or Juice Milk	Today's Special Bagel w/ Cream Cheese Fruit or Juice Milk	Today's Special Warm Baked Cinnamon Bun Fruit or Juice Milk
Monday 10/26/09	Tuesday 10/27/09	Wednesday 10/28/09	Thursday 10/29/09	Friday 10/30/09
Today's Special Warm Baked Cinnamon Bun Fruit or Juice Milk	Today's Special Pancakes w/syrup Sausage Patty Fruit or Juice Milk	Today's Special French Toast Sticks Warm Ham Slice Fruit or Juice Milk	Today's Special Homemade Strawberry Muffin Squares Fruit or Juice Milk	Today's Special Warm Brown Sugar Spiced Oatmeal Fruit or Juice Milk

Any questions or comments, Please contact your Food Service Director Rich Girouard 466-3334

Café Services is a Proud Sponsor of the NH Farm to School Project. We Buy Local First. These are just some of the farm partners we would like to thank: Giles Farm, Brookdale Farm, Heron Pond Farm, Barkers Farm, Zacks Farm, Picnic Rock Farm