



Bobcat Bistro January 2010

Farm Fresh Focus
This month we are
Featuring
Sweet Potatoes
School Tasting
January 25th

				Friday 1/1/10
<p>In accordance with Federal law and U.S. Dept. of Agriculture policy, this establishment is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.</p>				
Monday 1/4/10	Tuesday 1/5/10	Wednesday 1/6/10	Thursday 1/7/10	Friday 1/8/10
Brunch For Lunch French Toast Sticks w/ Syrup Ham Steak Country Hash Browns Strawberries'n Cream	Tijuana Tuesday Twin Beef Tacos Spanish Rice Mexicali Corn Fruit Cocktail	Grecian Holiday Greek Chicken Tomato Cheesy Pasta Bake Cucumber Salad Pita Bread Blueberry Crisp	Localvore Fare Day Nachos w/ Homemade Chili Steamed Broccoli Local Cabot Cheddar Cheese Sauce Local Cabbage Coleslaw Local Cabot Sour Cream Local Mac Apple	Fresh Picks Pizza Cheese Pizza Or Chef's Topping Veggie Sticks /Dip Raisins
Monday 1/11/10	Tuesday 1/12/10	Wednesday 1/13/10	Thursday 1/14/10	Friday 1/15/10
National Milk Day Milk 1st bottled in 1878 Sloppy Joe on a Bun Oven Fries Green Beans Local Mac Apple And of course Milk!!	Moroccan Feast Peach Roasted Chicken White Rice Dinner Roll Steamed Fresh Broccoli Strawberry Cup	That's Italian Spaghetti and Meatballs w/ Homemade Marinara Healthy Garden Salad Garlic Bread Fruit Cocktail	Diner Days Hot Open Face Turkey Sandwich Oven Fries Sweet Green Peas Cranberry Sauce 100% Juice Bar	Fresh Picks Pizza Cheese Pizza Or Chef's Topping Side Salad Orange Smiles
Monday 1/18/10	Tuesday 1/19/10	Wednesday 1/20/10	Thursday 1/21/10	Friday 1/22/10
Martin Luther King Day 1929-1968 No School	The Chicken Coop Chicken Nuggets Dipping Sauce Seasoned Rice Mixed Veggies Apple Cinnamon Slices	Mama Mia Homemade Lasagna w/ Meat Sauce Garlic Bread Caesar Salad Peaches	Country Spirit Roast Pork Local Mashed Potatoes Wheat Dinner Roll Local Baked Squash and Apples Warm Chunky Applesauce	Fresh Picks Pizza Cheese Pizza Or Chefs Topping Baby Carrots/ Dip Raisins
Monday 1/25/10	Tuesday 1/26/10	Wednesday 1/27/10	Thursday 1/28/10	Friday 1/29/10
Chester Cheese Burger Monday Cheeseburger on a Bun Roasted Sweet Potato Wedges Green Beans Orange Smiles	Lebanese Fare Delicious Roasted Chicken and Potatoes Toasted Garlic Pita Wedges Green Peas Raspberry Sherbet	Pasta Ala Cheese Hot Creamy Macaroni and Cheese Ham Steak Steamed Broccoli Garlic Bread Baked Pears	Fiesta Ole' Beef or Chicken Fajitas Fiesta Rice Mexicali Corn Salsa Fruit Pandowdy	Fresh Picks Pizza Cheese Pizza Or Chefs Topping Side Salad Diced Pears



Fresh made deli sandwiches served with two nutritious sides and Farm Fresh Milk.

Monday:
Deli Turkey

Tuesday:
Ham & Cheese

Wednesday:
Egg Salad

Thursday:
Tuna Boat

Friday:
Fruit & Yogurt Parfait



Specialty Entrée salad is offered daily as well as Three Cheese Salad with fresh baked bread or Greek Pita and farm fresh milk



Café Services is a Proud Sponsor of the NH Farm to School Project. We Buy Local First. These are just some of the farm partners we would like to thank: **Giles Farm, Brookdale Farm, Heron Pond Farm, Barkers Farm, Zacks Farm, Picnic Rock Farm**

Any Questions or Comments, Please contact your Food Service Director Richard Girouard 466-3334